### Q-Sweat

- Quantitative Sweat Measurement System

07/09/20 Instructions for Use



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Q-Sweat Patent No. 6.269.265

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#### **Comments or Questions?**

We would appreciate receiving any suggestions, comments, or questions that would help us to improve this manual. Please forward comments to the address above.



Medical Device Safety Service (MDSS) GmbH Schiffgraben 41 30175 Hannover Germany



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#### INDICATIONS AND CONTRAINDICATIONS

#### Indications:

 The Q-Sweat<sup>™</sup> Quantitative Sweat Measurement System is designed to measure the sweat output of the skin of humans. This device does not make a diagnosis or indicate by itself that any disease state exists.

#### **Contraindications:**

• Do not conduct the Q-Sweat test on fragile skin.

#### WARNINGS AND CAUTIONS

#### Cautions:

- This device is restricted to sale by or on the order of a physician.
- This device is to be operated only by trained personnel under the direction of a physician.
- Subjects to be tested must be examined by a physician before testing.
- Do not use the device on any person when any covers of any equipment have been removed.
- This device is to be serviced only by WR Medical Electronics Co. If servicing
  is done by any party other than WR Medical Electronics Co., the product warranty and/or safety or quality certifications could become invalid. Contact the
  manufacturer for repair advice before attempting to repair.

#### Warnings:

None. See Contraindications.

#### SAFETY INFORMATION

#### System Classification (IEC601-1/EN60601-1)

- Type of protection against electric shock: Type BF
- Degree of protection against electric shock: Class I
- Degree of protection against moisture ingress (IEC529): Ordinary IPX0
- Degree of protection in the presence of a flammable anesthetic mixture with air or with oxygen or with nitrous oxide: Not protected (unsuitable)
- Mode of operation: Continuous
- Sterilization/disinfections: Not suitable

After exposure to transport and storage extremes, allow the system to acclimatize before operating. The system should not be subject to transport and storage extremes for longer than 15 weeks.

#### Electromagnetic Compatibility

The system has been independently tested and found to comply with IEC601-1-2/EN60601-1-2.



#### Cleaning Instructions

Before cleaning, ALWAYS ensure that the unit is powered off and that the power cord is disconnected. NEVER immerse the unit or any components. NEVER apply cleaning solutions or moisture the unit directly, instead apply to the cloth and use it to then clean the requisite components. ALWAYS ensure that the unit is clean and dried completely before reconnecting power and resuming testing.

#### **Main Unit**

- The main unit may be cleaned with a dry, lint-free clean cloth.
- If the main unit or desiccant housing become visibly soiled, they may be cleaned using a damp, lint-free cloth, enzymatic cleaner, quaternary ammonium compound, or bleach wipes.
  - Isopropyl alcohol (70%) may be used as an alternative, but may over time strip ink from printed labels and printed materials on the surface of the unit or desiccant housing.
- The parking fixture and hose connectors may be cleaned with a damp cloth, enzymatic cleaner, or bleach wipes. These pieces may also be cleaned with 70% isopropyl alcohol.
  - Rubber gasket seals may deteriorate over time. Replacements may be acquired locally or purchased from WR Medical Electronics.

#### Measurement hoses and capsules

- Hose exteriors may be cleaned with a damp cloth, enzymatic cleaner, 70% isopropyl alcohol, or bleach wipes.
- Hose interiors may acquire a buildup of material over time.
  - If visible buildup has occurred and cannot be removed, replacement hoses may be purchased from WR Medical Electronics.
  - If material buildup in the hoses has reached the hose connectors, the main unit hosing may be contaminated as well. End users may carefully remove the cover of the main unit and visually inspect the hosing.
     If internal hosing is affected, the unit should be sent to WR Medical Electronics for cleaning and any possible repair.

#### Responsibility of the Supplier

WR Medical Electronics Co. accepts responsibility for the effects of safety, reliability, and performance of the equipment only if:

- Assembly operations, extensions, readjustments, modifications, or repairs are carried out by persons authorized by WR Medical Electronics Co.
- The electrical installation of the room complies with local regulations.
- The equipment is used in accordance with the system manual.



#### Safety and Information Symbols

Symbols that appear on the equipment have the following meanings;



Attention, consult accompanying documents



Type BF Applied Part – F Type patient contact part isolated from other parts of the equipment such that patient leakage currents cannot exceed allowed limits in NORMAL and SINGLE FAULT CONDITION



On – Power connection to supply mains



Off - Power disconnection for supply mains



Replace fuselinks as marked



Consult Operating Manual





Intertek

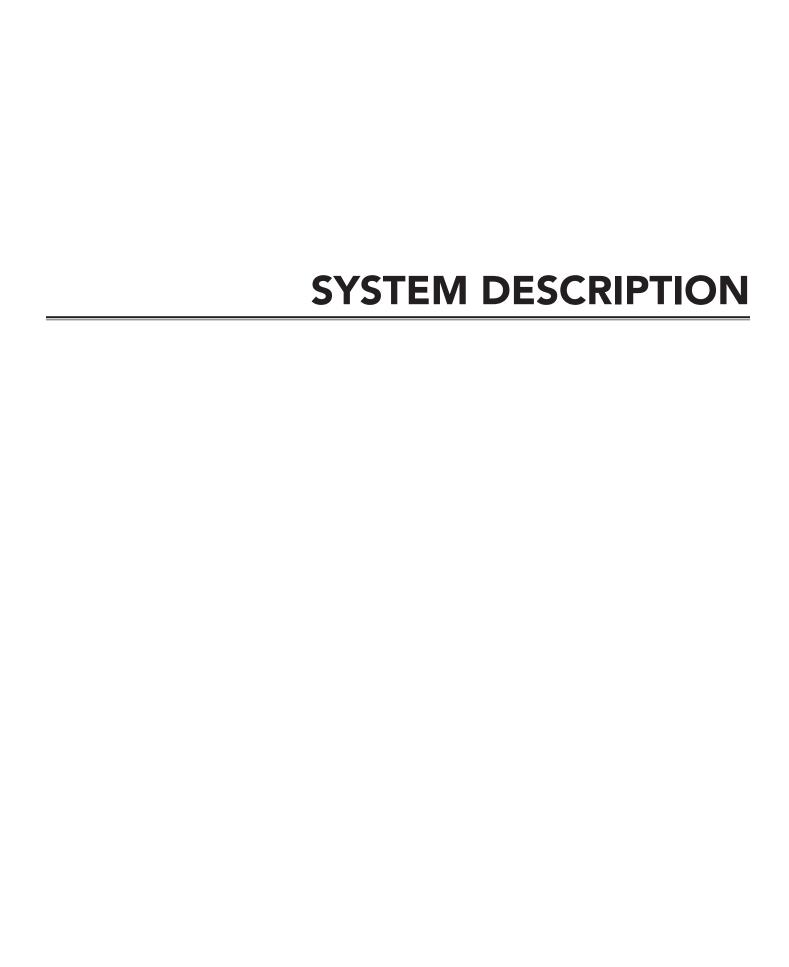
#### **Environmental Protection**

Main Unit and Consumables

• At the end of service consult local regulations for disposal.

#### **Technical Description**

WR Medical Electronics Co. will make available on request circuit diagrams, component part lists, descriptions, calibration instructions, or other information which will assist an appropriately qualified technical personnel to repair or service the equipment.





#### **BACKGROUND**

The Q-Sweat quantitative sweat measurement system accurately measures moisture from the skin. Results are given in nanoliters/minute (rate) and microliters (total volume).

Dr. Phillip Low of Rochester, Minnesota has published several papers on sweat measurement in humans. In his articles are normative values based on age and gender.

#### Suggested Readings & References

Laboratory Evaluation of Autonomic Function, <u>Clinical Autonomic Disorders</u>, 2<sup>nd</sup> <u>Edition</u>, 1997 Lippincott-Raven Publishers, Philadelphia, Chapter 15, pages 179-209

Low, Phillip A,; Mathias, Christopher J. "Quantitation of Autonomic Impairment", Peripheral Neuropathy, 4<sup>th</sup> Edition, Dyck, PJ; Thomas, PK, editors, Elsevier Saunders Inc, Chapter 44, pgs 1103-1133:2005

Low, Phillip A. "Laboratory Evaluation of Autonomic Function", <u>Clinical Autonomic Disorders: Evaluation and Management</u>, <u>2<sup>nd</sup> Edition</u>, Low, PA, editor, Lippincott-Raven, Chapter 15, pgs 179-209:1997

Low, Phillip A.; Zimmerman, IR, "Development of an Autonomic Laboratory", Clinical Autonomic Disorders: Evaluation and Management, 2<sup>nd</sup> Edition, Low, PA, editor, Lippincott-Raven, Chapter 29, pgs 383-390:1997

American Academy of Neurology, "Assessment: Clinical Autonomic Testing", Report of the Therapeutics and Technology Assessment Subcommittee of the American Academy of Neurology, Published in Neurology, 1996;46:873-880



#### **OVERVIEW**

The Q-Sweat uses room air drawn across a desiccant to pick up moisture from the skin. This moisture is evaporated inside a measurement capsule where it is transported by airflow to temperature and humidity sensors, and a measurement of moisture is made.

#### 4-Channel Q-Sweat Main unit

The Q-Sweat main unit contains an internal power supply, air pump, airflow regulator, voltage-sensitive proportioning orifice valve (VSO), mass air flow sensors, output air connections, input air connections, and a USB interface. The Q-Sweat Main Unit communicates through the interface to a computer with WR TestWorks software.

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#### Measurement capsules

Measurement capsules are provided in 2 sizes:

- Evoked (0.787 sq cm measurement area)
- Resting (5.06 sq cm measurement area)

The capsule is a component of a hose assembly, which consists of the measurement capsule (patient interface end), an 8' long hose, and connectors which attach to the front of the Q-Sweat Main Unit.

The Measurement capsules attach to patients' skin with silicone straps.

#### WR TestWorks Application software

WR TestWorks consists of a main framework with application submodules. The available submodules include software for the following acquisition devices:

- Q-Sweat Main Unit
- CASE IV QST System
- BMEYE Nexfin
- HRV Acquire
- CNSystems CNAP BP Monitor

The WR TestWorks main framework includes the patient database, tests performed, patient demographics, report generation options, user and study set up, and several other features which are described in detail in the WR TestWorks Software User Guide.



Measurement Capsules



#### Parking Fixture

The Parking Fixture is located along the side of the Q-Sweat Main Unit. When not in use the measurement capsules should be placed on the parking fixture. This keeps the measurement capsules dry by limiting their exposure to room air.

When the measurement capsules are on the parking chamber and the hoses are connected to the front panel of the Main Unit, air will be flowing through the hoses and desiccant as long as the Main Unit is turned on. If any of the connections are broken the air supply will be shut off.

#### Power Light

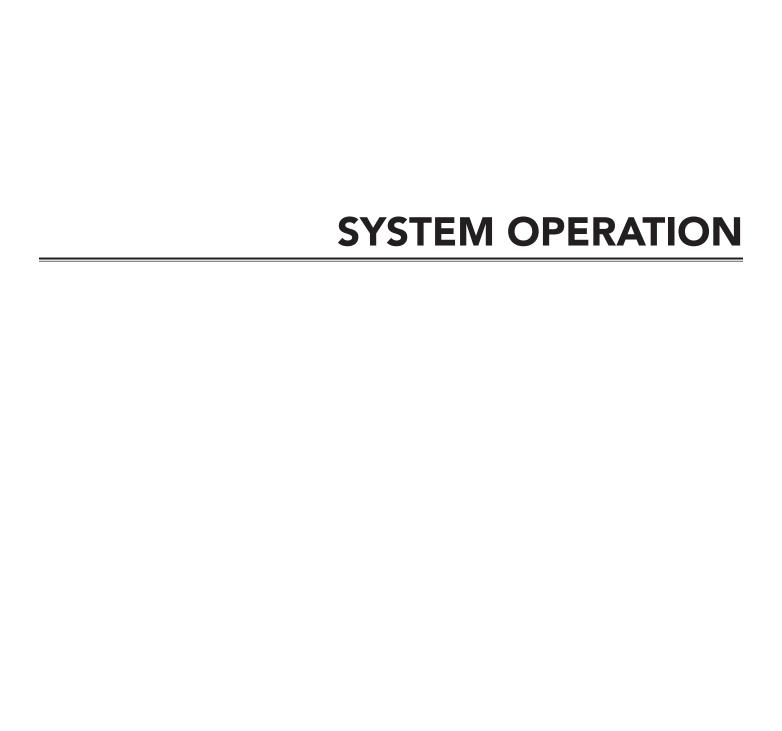
A bicolor LED on the front panel of the Q-Sweat main unit gives information as to the operational status of the system.

Steady green unit is running and is in use
Flashing green unit is ready for patient testing

Steady amber warming up

Flashing amber POST error (contact WR Medical)

Light off Main Unit is not running or powered off





#### **Basic Test Procedure**

- 1. Perform a visual check of your equipment. If damage is found, do not use the device. Contact WR Medical Electronics Co. for service and repair instructions.
  - Examine your desiccant source to be sure it is fresh, indicated by a blue color. Desiccant that is pink is used. Replace desiccant if necessary.
- 2. Turn the unit on at least 15 minutes prior to patient testing.
- 3. Enter the patient demographics into the software. Select the sweat test as indicated by the water drop icon.
- 4. Choose the recording site, and prepare patient skin according to protocol. Do not use on broken or inflamed skin. Typical recording sites are:
  - the medial forearm (75 percent of the distance from the ulnar epicondyle to the piciform bone),
  - the proximal leg (lateral aspect, 5 cm. distal to the fibular head),
  - the distal leg (medial aspect, 5 cm. proximal to the medial malleolus),
  - the proximal foot (on a flat surface over the extensor digitorum brevis muscle).
- 5. Attach the recording capsules to the selected skin locations, and start a recording.
- 6. Once the recording is complete, stop the recording and remove the measurement chambers from the patient and place them back on the parking chamber.
- 7. Follow the steps in the WR TestWorks Software User's Guide for saving, discarding, or analyzing the data.



Skin capsule affixed to arm



#### External Desiccant Cylinder Refill Instructions

A refillable desiccant cylinder is used to dry room air.

Replacement desiccant, in a convenient 5 lb glass jar, can be purchased directly from WR Medical Electronics Co. Use P/N 5598 when ordering.

The Q-Sweat device has a built-in sensor that indicates when desiccant needs to be replaced. A warning in WR TestWorks software will alert you to replace the desiccant. The life of the desiccant can be extended by running the unit only during its 15 minute warmup period and during patient testing. Do not leave the unit running overnight. Note that desiccant is blue when it is new, and turns pink as it becomes used (humidified).





#### Step One:

Remove the desiccant cylinder from the Q-Sweat device, and assemble the items for refilling the cylinder; replacement desiccant, a marker, a funnel, the black plastic wrench, and a plastic bag for disposal.



#### **Step Three:**

Unscrew the plastic end cap. It can be removed by hand or with the black plastic wrench that was included with the system.



#### **Step Two:**

Using a permanent marker pen, mark the current upper and lower limit of the desiccant contained within the cylinder. This gives you a guideline for refilling the desiccant, and prevents over filling or under filling.



#### Step Four:

Note how the components of the cylinder were assembled, and keep the parts at hand. Note that the white felt disk is always the first layer in contact with the desiccant.





#### Step Five:

Dispose of the used desiccant properly. If the metal screen and white felt disk fall from the cylinder, replace them carefully and make sure they are flat within the cylinder.



**Step Seven:** Insert the white felt disk.



**Step Nine:** Insert the metal spring.



#### **Step Six:**

A small funnel may help with the transfer of new (blue) desiccant into the cylinder. Fill only up to the line made earlier indicating the proper fill level.



**Step Eight:** Insert the metal screen with the 'bump' on top.



Step Ten:

Re-attach the plastic cap. Hand tighten only, do not use the black wrench to tighten the plastic cap.

## CALIBRATION AND MAINTENANCE



#### **CALIBRATION**

At WR Medical, each individual sensor is calibrated to a physical standard using a traceable measurement system (temperature, flow in and out, and fractional RH). The Q-Sweat™ device and its matched sensors are then validated using a 5 microliter test with a calibrated Hamilton micro-pipette and a special test fixture.

For calibration verification at site, a known quantity of water many be placed in the parking fixture capsule and then evaporated and totalized by the system. The totalized amount may be compared to the known quantity placed in the fixture capsule.

#### **MAINTENANCE**

The Q-Sweat does not require regular maintenance. Visually examine the equipment and look for damage or changes. Hose assemblies should be examined for nicks, cuts, or other sources of leaks.

#### SERVICE AND TECHNICAL SUPPORT

#### **CAUTION:**

- This device is to be serviced only by WR Medical Electronics Co. If servicing is
  done by any party other than WR Medical Electronics Co., the product warranty
  and/or safety or quality certifications could become invalid. Contact WR for advice
  before returning for repair.
- No readjustments or modifications are to made by anyone other than persons authorized by WR Medical Electronics.

Prior to returning the Q-sweat unit for repair, please contact the Technical Support/ Help Desk for a Return Authorization Number.

Technical Support/Help Desk

WR Medical Electronics Co., 1700 Gervais Avenue, Maplewood, MN 55109 USA

Phone: 651-604-8483 or toll-free: 800-635-1312)

Fax: 651-604-8499

E-mail: helpdesk@wrmed.com

Web: www.wrmed.com

Please have your serial number available.

The Help Desk staff is available during normal business hours (8:00 am to 4:30 pm, Monday - Friday, Central Standard Time).

PHYSICAL DIMENSIONS

 Height:
 7.6 in. (19.3 cm.)

 Width:
 14.5. in. (36.8 cm.)

 Depth:
 16.0 in. (40.6 cm.)

 Weight:
 16.0 lbs. (7.3 kg.)

**POWER REQUIREMENTS** 

Power: 100 - 240 VAC, 50/60 Hz

Max Power Draw: 80VA

Protection: 2 x F0.8A (5x20mm IEC127)

**ENVIRONMENT** 

OPERATINGTRANSPORT AND STORAGETemperature:20 - 25.6 degrees C0 - 40 degrees CRelative Humidity:30 - 85% (non condensing)0 - 80% (non condensing)Atmospheric Pressure:N/A300 hPa – 1060 hPa

SWEAT MEASUREMENT OUTPUT

Number of Channels: 4

Measurement Method: direct vapor pressure calculation

Measurement Area: (two chambers provided): 0.787 and 5.06 square cm.

Dry air flow rate: 60.0 SCCM

Sweat Rate Measurement:

Range: 0–1700 nanoliters

Accuracy: ±5 percent
Repeatability: ±5 percent
Sensitivity: 0.1 nanoliters

SOFTWARE REQUIREMENTS

Application Software: WR TestWorks®

REGULATORY

FDA MDL Number: D009009
FDA 510K: K992874
Health Canada License Number: 64196

Device Directive 93/42/EEC for Medical Devices

Certificate No.: 41314493-02 EC Class: I, Measuring

ETL CLASSIFIED

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